ASSOCIATION BETWEEN SELF CONTROL AND PREMARITAL SEXUAL BEHAVIOR IN JUNIOR HIGH SCHOOL STUDENTS NEAR LOCALIZATION AREA

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ABSTRACT

Background: The sexual behavior of adolescents is one of the health priorities of society because of a high prevalence of HIV/AIDS, sexually transmitted infections (STIs), and unwanted pregnancies. Recently, low self-control has been associated with early sexual initiation and with risky sexual behaviors. The purpose of this study was to examine the association between self-control and premarital sexual behavior in junior high school students near localization area.

Subjects and Method: A cross sectional study was conducted at Junior High Schools that located near localization area in Semarang, Central Java, Indonesia. The study population was junior high school students. A number of 264 students was selected for this study by cluster random sampling. The dependent variable was premarital sexual behavior. The independent variable was self-control. The data were collected by questionnaire and analyzed by Chi square test.

Results: Lower self control increases the risk premarital sexual behavior in adolescents and it was statistically significant (OR= 0.26; 95% CI= 0.15 to 0.44; p<0.001).

Conclusion: Lower self control increases the risk premarital sexual behavior in adolescents.

Keywords: self control, premarital sexual behavior, adolescents

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